

A man and a woman are smiling and looking at each other in a kitchen. The woman has short blonde hair and wears glasses and a grey sweater. The man has dark hair and wears a blue button-down shirt. They are standing in front of a large window with multiple panes. The background shows wooden kitchen cabinets and a range hood.

Turn Your Savings  
into Retirement Income





# What types of retirement planning have you done so far?



**A.**

Met with an  
advisor

**B.**

Met with a Fidelity  
representative

**C.**

Used online  
tools

**D.**

I'm just  
getting started



## Three key retirement income topics



**Importance  
of a plan**



**Factors to  
consider**



**Developing  
your plan**



The importance of having  
a retirement income plan

IMPORTANCE



**How do you envision your retirement?**



## Important retirement questions



**When will  
you retire?**



**Where will  
you retire?**



**What will you  
be doing?**







## Adjusting to retirement



Going  
to work



Doing  
your job



Relying on a  
paycheck

**In retirement, you'll be responsible for creating your own paycheck**





**The benefits of having a retirement income plan include\_\_\_\_\_.**



## A retirement income plan can help you:



**Make your retirement  
savings last**



**Live the retirement  
you envision**



**Build  
a legacy**



Factors to consider when transitioning  
your savings into retirement income



## Potential sources of retirement income



### Reliable Income

- Pension plans
- Income annuities
- Social Security



### Investment Income

- 401(k)'s
- IRA's
- HSA's



### Other Sources

- Employment
- Rental property
- Trusts/inheritances

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# 5–10

years before you retire



# 3

## Categories of retirement expenses



### Essential Expenses

- Groceries
- Utilities
- Health care



### Discretionary Expenses

- Travel
- Hobbies
- Dining out



### Emergency Expenses

- Unforeseen health issue
- Home repair
- Auto repair



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## What worries you the most about your retirement income?



**A.**

Possibility I'll  
outlive my money



**B.**

Effects of inflation  
on my income



**C.**

Rising health  
care costs



# Factors affecting your retirement savings and income



**Your  
withdrawal rate**



**Effects of  
inflation**



**Long-term  
investment**



**Longer  
lifespans**



**Health care  
costs\***

\*Estimate based on a hypothetical couple retiring in 2018, 65-years-old, with life expectancies that align with Society of Actuaries' RP-2014 Healthy Annuitant rates with Mortality Improvements Scale MP-2016. Actual assets needed may be more or less depending on actual health status, area of residence, and longevity. Estimate is net of taxes; cost basis is assumed to equal market value. Estimate is calculated as the assets required today in a taxable account with an effective tax in retirement of 5%, an asset allocation of 30% equity, 50% bonds, and 20% cash, such that there is a 90% chance of being able to pay for healthcare expenses through life expectancy. The Fidelity Retiree Health Care Costs Estimate assumes individuals do not have employer-provided retiree health care coverage, but do qualify for the federal government's insurance program, Original Medicare. The calculation takes into account cost-sharing provisions (such as deductibles and coinsurance) associated with Medicare Part A and Part B (inpatient and outpatient medical insurance). It also considers Medicare Part D (prescription drug coverage) premiums and out-of-pocket costs, as well as certain services excluded by Original Medicare. The estimate does not include other health-related expenses, such as over-the-counter medications, most dental services and long-term care.

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Your  
withdrawal  
rate

## A variety of income sources



Interest  
From Savings



Social  
Security



Real Estate  
Revenues

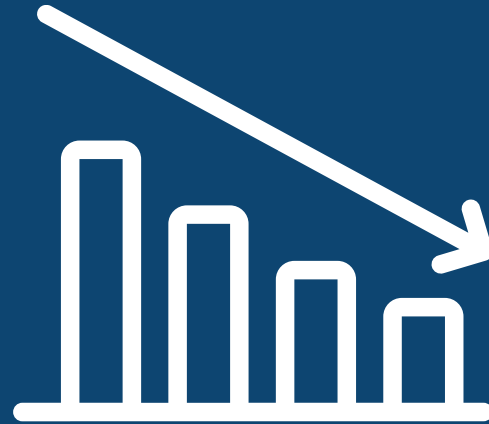


IRA

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Effects of  
inflation



The value of your money could  
decline over time

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Long-term  
investing



Select an asset mix to  
help meet your needs and goals



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Longer  
lifespans



30–40

years in retirement

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Health care  
costs

Single retiring

**\$462**

Per month

Couple retiring

**\$924**

Per month

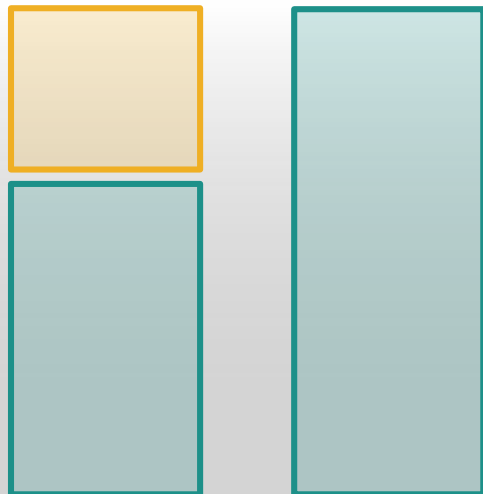
Estimate based on a hypothetical couple retiring in 2018, 65-years-old, with life expectancies that align with Society of Actuaries' RP-2014 Healthy Annuitant rates with Mortality Improvements Scale MP-2016. Actual assets needed may be more or less depending on actual health status, area of residence, and longevity. Estimate is net of taxes: cost basis is assumed to equal market value. Estimate is calculated as the assets required today in a taxable account with an effective tax in retirement of 5%, an asset allocation of 30% equity, 50% bonds, and 20% cash, such that there is a 90% chance of being able to pay for healthcare expenses through life expectancy. The Fidelity Retiree Health Care Costs Estimate assumes individuals do not have employer-provided retiree health care coverage, but do qualify for the federal government's insurance program, Original Medicare. The calculation takes into account cost-sharing provisions (such as deductibles and coinsurance) associated with Medicare Part A and Part B (inpatient and outpatient medical insurance). It also considers Medicare Part D (prescription drug coverage) premiums and out-of-pocket costs, as well as certain services excluded by Original Medicare. The estimate does not include other health-related expenses, such as over-the-counter medications, most dental services and long-term care.

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## Retirement income and retirement expenses

Income Gap



Estimated  
income

Estimated  
expenses



Sam

**\$4,284**

Estimated income per month

**- \$6,104**

Estimated expenses per month

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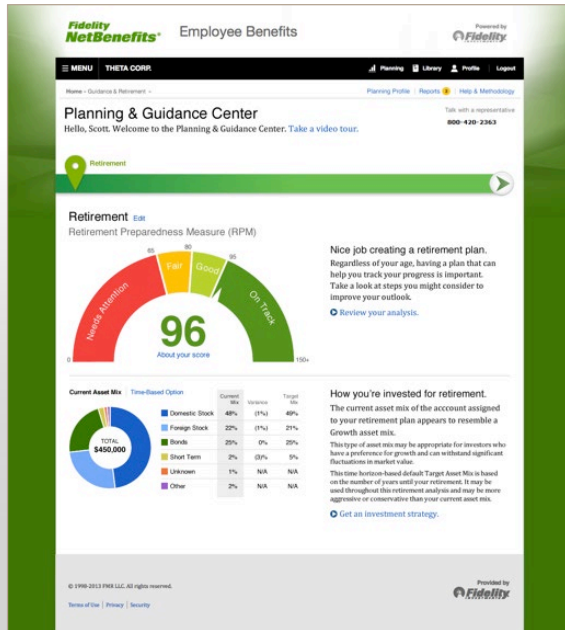
**\$1,821**

Potential gap per month

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# Identifying potential gaps



IMPORTANT: The projections or other information generated by the Planning & Guidance Center's Retirement Analysis regarding the likelihood of various investment outcomes are hypothetical in nature, do not reflect actual investment results, and are not guarantees of future results. Your results may vary with each use and over time.

If your retirement income estimate is not anticipated to meet your expenses, consider:



Delaying retirement and continuing to work



Spending less now and saving more for later



## Common retirement income sources



Pension



Social Security



IRA



Workplace  
savings plan





# Managing your tax situation

» **Understand how benefits and income are taxed**

» **Estimating your tax bracket can help you:**

- Reduce taxes and save more
- Adjust your taxable & nontaxable investment mix
- Choose how much to put in each investment



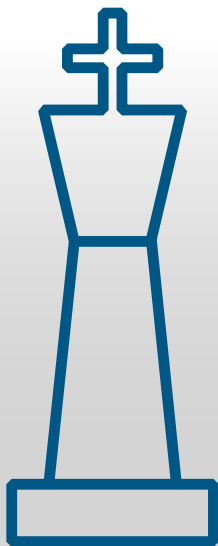


How to develop a  
retirement income plan

DEVELOP



## Potential income strategies



**Taking systematic withdrawals**



**Using other income before claiming Social Security**



**Living off earnings and interest**



**Bucketing your investments**



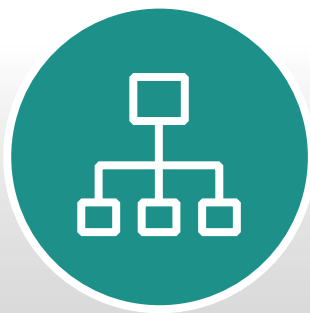
Taking systematic withdrawals  
from your investments



# Systematic withdrawals



**Determine  
income need**



**Establish  
asset allocation**



**Identify  
investment mix**



**Invest and  
manage**





## How much should you withdraw annually?

A circular gauge with a dark blue center and a yellow border. A teal wedge-shaped marker is positioned at the top. The text '2-3%' is displayed in large teal font.

2-3%

Annual withdrawal rate

A circular gauge with a dark blue center and a yellow border. A teal wedge-shaped marker is positioned at the top. The text '4-5%' is displayed in large teal font.

4-5%

Annual withdrawal rate

A circular gauge with a dark blue center and a yellow border. A teal wedge-shaped marker is positioned at the top. The text '6-7%' is displayed in large teal font.

6-7%

Annual withdrawal rate

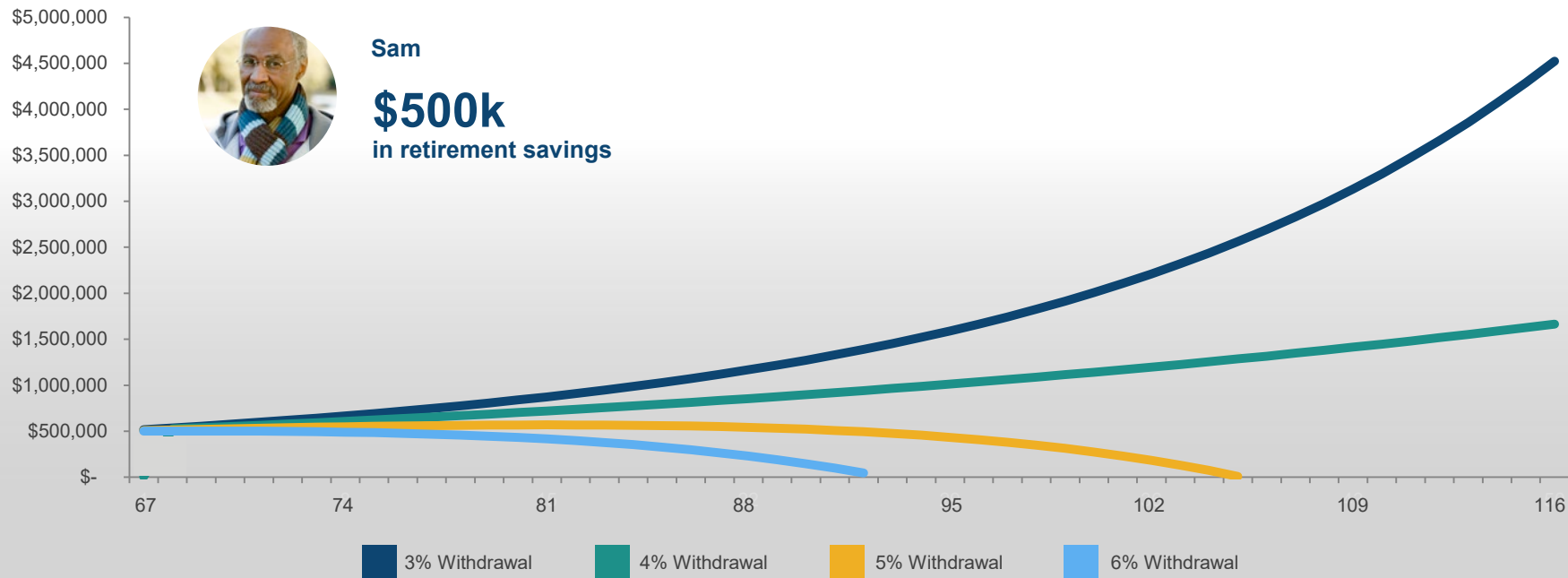


**How much should you  
withdraw annually?**





# Hypothetical illustration of withdrawal rates



Hypothetical value of \$500,000 invested in a portfolio of 50% stocks, 40% bonds, and 10% short-term investments with inflation-adjusted withdrawal rates as specified. Hypothetical illustration uses 6.75% rate of return and 2.5% inflation rate. Illustrated to show withdrawal taken at the beginning of the year with the balance growing to end of year. Values shown are end of year values. No taxes are considered on growth or withdrawals. This chart is for illustrative purposes only and is not indicative of any investment.



## Withdrawal rate example



Sam

**\$500k**  
in retirement savings

4% withdrawal rate

IRS-required minimum distribution (RMD)

**\$500,000**

**x**      **4%**

---

**\$20,000**

**\$500,000**

**÷**      **27.4**

---

**\$18,428**



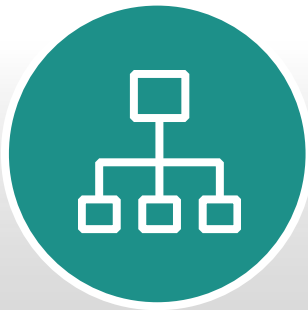
Living off interest and  
account earnings



## Income from interest and account earnings



**Determine  
income need**



**Identify  
asset allocation**



**Manage  
reinvestments**

DEVELOP



Using other income  
sources until you start  
claiming Social Security



## Benefits of waiting to claim Social Security

After you reach minimum retirement age (62) each year you put off claiming Social Security will increase your benefits by \_\_\_\_\_ percentage, up to full retirement age.

1 - 2.9%

A.

3 - 4.9%

B.

5 - 6.9%

C.

7 - 8.9%

D.





## Example: Claiming Social Security early

If you were born between 1943 and 1954, your full retirement age is 66. If you start taking your Social Security benefit at age 62, what percentage of your full benefit will you receive?

65%

A.

75%

B.

85%

C.

95%

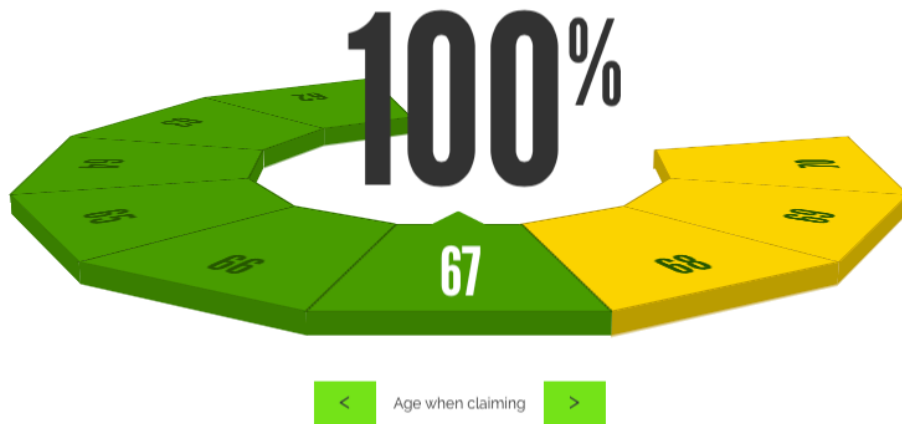
D.



## Can you get more out of Social Security by WAITING TO CLAIM?

You can claim anytime between ages 62 and 70. Why wait to claim? Based on your year of birth, you're eligible to receive 100% of your monthly Social Security benefit at your Full Retirement Age (FRA) of 67. Waiting even longer than that may get you more per month, and maybe even more in your lifetime.

Use the dial below to see examples of the monthly percentage at different ages.



## SEE AN EXAMPLE OF MONTHLY & LIFETIME BENEFITS

55

Answer 4 quick questions to see an example of what someone like you could get per month and over a lifetime.

START





## Bridge strategy



**Determine  
income need**



**Identify  
investment mix**



**Rebalance if  
needed**



“Bucketing” your investments to generate both income and growth



# 3

## Buckets

**You could lose money by investing in a money market fund. An investment in a money market fund is not insured or guaranteed by the Federal Deposit Insurance Corporation or any other government agency. Before investing, always read a money market fund's prospectus for policies specific to that fund.**

In general, the bond market is volatile, and fixed income securities carry interest rate risk. (As interest rates rise, bond prices usually fall, and vice versa. This effect is usually more pronounced for longer-term securities.) Fixed income securities also carry inflation risk, liquidity risk, call risk, and credit and default risks for both issuers and counterparties. Unlike individual bonds, most bond funds do not have a maturity date, so holding them until maturity to avoid losses caused by price volatility is not possible.

Stock markets are volatile and can fluctuate significantly in response to company, industry, political, regulatory, market, or economic developments. Investing in stock involves risks, including the loss of principal.



**Conservative  
Bucket**



**Moderate  
Bucket**



**Aggressive  
Bucket**



# Monitoring and adjusting your investment buckets



**Conservative  
Bucket**



**Moderate  
Bucket**



**Aggressive  
Bucket**

**Periodically shift the gains from the moderate and aggressive buckets over one bucket**



## Some strategies work together

Sam



67

years old

**\$500k**

in retirement plan

**\$833**

per month

Interest only  
(2% interest)

**\$1,667**

per month

Systematic  
Withdrawal

**\$1,900**

per month

Income Annuity &  
Systematic Withdrawal

Option 1: Interest income only, assumes a 2% interest rate, a starting balance of \$500,000 at the beginning of the period and that no taxes, fees or expenses are taken into consideration. The income figure is for year one only. The principal amount is subject to market change, and the interest payment is recalculated each year based on the revised principal amount. Option 2: Systematic withdrawal plan only, assumes \$500,000 initial balance and a 4% annual withdrawal rate with no taxes, fees or expenses taken into consideration. The income figure is for year one only. The principal amount is subject to market change, and the payment increases each year with inflation. Option 3: Systematic withdrawal plan (SWP) coupled with a single life annuity. SWP assumes a \$250,000 initial balance and a 4% withdrawal rate for the first year with no taxes, fees or expenses taken into consideration. The income figure is for year one only. The principal amount is subject to market change, and the payment increases each year with inflation. In addition, a hypothetical annuity for a 67 year old male is purchased with \$250,000 which provides a \$1067 monthly payout, which is based on a single life with a cash refund annuity and a CPI-U COLA distributed by Fidelity Insurance Agency, Inc., as of August 8, 2018. For the annuity, rates are subject to change. Payments do not reflect the impact of taxes. Beginning with the first payment anniversary, income payments are adjusted for increases (if any) in the Consumer Price Index for All Urban Consumers (CPI-U). A contract with a CPI-U increase will provide lower initial income payments than an otherwise identical contract without a cost-of-living adjustment. A contract's financial guarantees are solely the responsibility of and are subject to the claims-paying ability of the issuing insurance company.



Which of the strategies that we discussed do you anticipate including in your retirement income plan?



**A.**

Systematic  
withdrawals



**B.**

Living off interest and  
account earnings



**C.**

Bridge  
strategy



**D.**

“Bucketing” your  
investments





Take the next steps





## Workshop summary

**Monitor  
your plan**



**Assess your  
financial situation**



**Review your  
income goals**



## NEXT STEPS



**Take your  
next step**



**Call for help 800.343.0860**



**Visit the Planning &  
Guidance Center**

NEXT STEPS



# Thank You!

This information is intended to be educational and is not tailored to the investment needs of any specific investor.

## Investing involves risk, including risk of loss.

**30-Day Treasury Bill Index** measure the annual total return of a short-term obligation that is not interest-bearing (it is purchased at a discount); it can be traded on a discount basis for 91 days.

**MSCI EAFE Index** is a market capitalization-weighted index that is designed to measure the investable equity market performance for global investors in developed markets, excluding the US & Canada

**S&P 500 Index** is a market capitalization-weighted index of 500 common stocks chosen for market size, liquidity, and industry group representation to represent US equity performance.

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