

DUKE MOBILE FARMERS MARKET

FALL & WINTER 2018

FARM	SEASON DETAILS & COST	DELIVERY
<p><u>BELLA BEAN ORGANICS</u> Sourced from local farms <i>Online delivery service for organic produce, meat and artisan goods.</i></p>	<p>CSA SEASON: Year-round PRODUCTS: Organic N.C. produce, nuts, raw honey, jam, bread, meat, seafood, tea, coffee and specialty products. COST: Choose a la carte or \$25 for pre-selected box</p>	<p>Duke Gardens: Tuesdays 4-6 p.m. Home delivery Options available</p>
<p><u>COON ROCK FARM</u> Hillsborough, NC <i>Sustainable family farm delivering garden crops and eggs from free-roaming hens.</i></p>	<p>CSA SEASON: October-March PRODUCTS: Seasonal crops including bok choy, okra, let-tuces, broccoli, African greens, spinach, arugula, Swiss chard, beets, turnips, squash, sweet potatoes and pumpkins. COST: \$300 for produce, \$250 for meat, \$72 for eggs</p>	<p>Duke Gardens: Tuesdays 4-6 p.m.</p>
<p><u>DUKE CAMPUS FARM</u> Durham, NC <i>A one-acre working farm for good food and hands-on learning.</i></p>	<p>CSA SEASON: September-November PRODUCTS: Seasonal vegetables including old favorites, specialty crops, and hard-to-find heirloom varieties. COST: \$250 for 10 weeks Weekly share feeds 2-4 people</p>	<p>Duke Gardens: Tuesdays 4-6 p.m. School of Nursing: Tuesdays 2-4 p.m. Smith Warehouse: Fridays 12-4:30 p.m.</p>
<p><u>WALKING FISH CO-OP</u> Seafood from Carteret County <i>Community-supported fishery delivering fresh seafood from N.C. coast.</i></p>	<p>CSA SEASON: September 20-December 13 PRODUCTS: A variety of locally caught seafood from a group Carteret County fishermen. COST: Varies depending on selection and availability Option of full share (4 lbs) or half share (2 lbs)</p>	<p>Duke Gardens: Thursdays 4-6 p.m.</p>

What is a CSA? CSA, which stands for Community Supported Agriculture, is a community of individuals who pledge support of a farm operation. Members become shareholders of the farm by subscribing to a weekly box of fresh produce delivered to them throughout the season.

What is the Duke Mobile Market? The Mobile Market is a program connecting the Duke Community to local farms by providing a weekly location for CSA produce box delivery on campus.

Want to learn more? Visit the [LIVE FOR LIFE Mobile Farmers Market](#) webpage, or contact Cassandra.Callas@duke.edu or at 919-681-0547 for more information.