




The **Summary of Benefits and Coverage (SBC)** document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. **NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary.** For more information about your coverage, or to get a copy of the complete terms of coverage, they can be viewed at <http://www.hr.duke.edu/benefits/medical/medical-insurance> or by calling 919-684-5600. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at <https://www.healthcare.gov/sbc-glossary/> or call 919-684-5600 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u>?	In-network: \$130 person / \$390 family; Out of-network: \$650 person / \$1,950 family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this plan begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u>?	Yes, including office visits and emergency room services	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply.
Are there other <u>deductibles</u> for specific services?	Yes; \$100 per person for retail brand prescription drugs.	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these services.
What is the <u>out-of-pocket limit</u> for this <u>plan</u>?	In-network: \$3,000 person / \$6,000 family; Out of-network: \$6,000 person / \$12,000 family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u>?	Premiums, balance-billed charges, infertility services, and charges this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a <u>network provider</u>?	Yes. See www.bluecrossnc.com/members or call 877-275-9787 for a list of participating providers.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's charge</u> and what your <u>plan</u> pays (<u>balance billing</u>). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u>?	No	You can see the <u>specialist</u> you choose without a <u>referral</u> .

 All copayment and coinsurance costs shown in this chart are after your deductible has been met, if a deductible applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$20 <u>copayment</u> /visit	30% coinsurance of allowed amount after <u>deductible</u>	Medically necessary
	<u>Specialist</u> visit	\$55 <u>copayment</u> /visit		Chiropractic care \$55 <u>copayment</u> ; up to 40 visits per year combined with rehabilitation services.
	<u>Preventive care/screening/immunization</u>	No charge	30% <u>coinsurance</u> of allowed amount after <u>deductible</u> . Some services not covered out-of-network.	Nutrition - Up to six visits per calendar year at no charge, in-network. Medically necessary. Visits provided as treatment for behavioral health diagnosis not subject to six-visit limit. Most contraceptive drugs, IUDs and birth control implants are covered at no charge
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	10% <u>coinsurance</u> after <u>deductible</u>	30% <u>coinsurance</u> of allowed amount after <u>deductible</u>	Medically necessary
	Imaging (CT/PET scans, MRIs)	10% <u>coinsurance</u> after <u>deductible</u>		Medically necessary

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.express-scripts.com	Generic drugs	Retail (Up to 34 day supply): \$15 <u>copayment</u> ; Mail Order (Up to 90 day supply): \$25 <u>copayment</u>	Your reimbursement will be the contracted rate less the <u>copayment</u> . You pay the difference between cost and reimbursement.	After 3rd retail fill of long-term medications 50% <u>coinsurance</u> with \$15 or cost minimum and \$30 maximum. Step therapy and/or <u>preauthorization</u> may apply.
	Preferred brand drugs	Retail (Up to 34 day supply): \$50 <u>copayment</u> after \$100 brand <u>deductible</u> ; Mail Order Up to 90 day supply): \$130 <u>copayment</u>	Your reimbursement will be the contracted rate less the <u>copayment</u> . You pay the difference between cost and reimbursement.	After 3rd retail fill of long-term medications 50% <u>coinsurance</u> with \$70 minimum and \$165 maximum. No <u>deductible</u> for Duke pharmacies. Step therapy and/or <u>preauthorization</u> may apply.
	Non-preferred brand drugs	Retail (Up to 34 day supply): \$70 <u>copayment</u> after \$100 brand <u>deductible</u> ; Mail Order Up to 90 day supply): \$180 <u>copayment</u>	Your reimbursement will be the contracted rate less the <u>copayment</u> . You pay the difference between cost and reimbursement.	After 3rd retail fill of long-term medications 50% <u>coinsurance</u> with \$85 minimum and \$180 maximum. No <u>deductible</u> for Duke pharmacies. Step therapy and/or <u>preauthorization</u> may apply.
	<u>Specialty drugs</u>	Same as above for generic and brand.	Same as above for generic and brand.	Prior authorization required for some specialty drugs.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	10% <u>coinsurance</u> after <u>deductible</u>	30% <u>coinsurance</u> of allowed amount after <u>deductible</u>	Medically necessary
	Physician/surgeon fees	10% <u>coinsurance</u> after <u>deductible</u>		Medically necessary
If you need immediate medical attention	<u>Emergency room care</u>	\$250 <u>copayment</u> . Waived if admitted.	\$250 <u>copayment</u> . Waived if admitted.	Medically necessary
	<u>Emergency medical transportation</u>	\$250 <u>copayment</u>	\$250 <u>copayment</u>	Medically necessary
	<u>Urgent care</u>	\$35 <u>copayment</u>	\$35 <u>copayment</u>	Medically necessary
If you have a hospital stay	Facility fee (e.g., hospital room)	\$600 or \$700 per admission <u>copayment</u> , then 10% <u>coinsurance</u> after <u>deductible</u>	\$900 per admission <u>copayment</u> , then 30% <u>coinsurance</u> of allowed after <u>deductible</u>	Precertification required. \$600 Copay for Duke, Duke Regional and Duke Raleigh Hospitals and \$700 for all other participating hospitals.
	Physician/surgeon fees			

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	\$20 <u>copayment</u> /visit	30% <u>coinsurance</u> of allowed amount after \$650 <u>deductible</u>	Medically necessary
	Inpatient services	\$600 per admission <u>copayment</u> at Duke; \$700 other in-network	30% <u>coinsurance</u> of allowed amount after \$900 <u>deductible</u>	Precertification required
If you are pregnant	Office visits	\$20 copayment first visit	30% <u>coinsurance</u> of allowed after <u>deductible</u>	Cost sharing does not apply for <u>preventive</u> services. Depending on the type of services, a <u>copayment</u> , <u>coinsurance</u> , or <u>deductible</u> may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound.)
	Childbirth/delivery professional services	\$600 or \$700 per admission <u>copayment</u> , then 10% <u>coinsurance</u> after <u>deductible</u>	\$900 per admission <u>copayment</u> , then 30% <u>coinsurance</u> of allowed after <u>deductible</u>	Certification required. \$600 <u>copayment</u> for Duke, Duke Regional and Duke Raleigh Hospitals and \$700 for all other participating hospitals. Cost sharing does not apply for <u>preventive</u> services. Depending on the type of services, a <u>copayment</u> , <u>coinsurance</u> , or <u>deductible</u> may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound.)
	Childbirth/delivery facility services			

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you need help recovering or have other special health needs	<u>Home health care</u>	10% <u>coinsurance</u> after <u>deductible</u>	30% <u>coinsurance</u> of allowed amount after <u>deductible</u>	100 visit limit combined in-and out-of-network.
	<u>Rehabilitation services</u>	\$55 <u>copayment</u>	30% <u>coinsurance</u> of allowed amount after <u>deductible</u>	40 visits in a calendar year for physical, occupational therapy and chiropractic combined. In-network and out-of-network limits combined. Speech therapy 20 visits per calendar year.
	<u>Habilitation services</u>	\$55 copayment	30% coinsurance	Combined with Rehabilitation visits above.
	<u>Skilled nursing care</u>	\$250 per admission <u>copayment</u> , then 10% <u>coinsurance</u> after <u>deductible</u>	\$250 per admission <u>copayment</u> , then 30% <u>coinsurance</u> of allowed amount after <u>deductible</u>	Up to 60 day annual maximum. Precertification is required.
	<u>Durable medical equipment</u>	10% <u>coinsurance</u> after <u>deductible</u>	30% <u>coinsurance</u> of allowed amount after <u>deductible</u>	Medically necessary
	<u>Hospice services</u>	10% <u>coinsurance</u> after <u>deductible</u>		Must be authorized by doctor.
If your child needs dental or eye care	Children's eye exam	\$55 copayment	No coverage	One exam per calendar year.
	Children's glasses	No coverage	No coverage	None
	Children's dental check-up	No coverage	No coverage	None

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)		
<ul style="list-style-type: none"> Acupuncture Cosmetic surgery charges that are not medically necessary Dental care (Adult and Child) except for limited exceptions for accidental injury to sound natural teeth 	<ul style="list-style-type: none"> Habilitation Services Long-term care Private duty nursing 	<ul style="list-style-type: none"> Routine eye care (Except for annual exam/screening) Routine foot care Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)		
<ul style="list-style-type: none"> Bariatric surgery - \$2,500 copay. Two years of service and prior authorization required. North Carolina residents must use a Duke facility. Non-emergency care when traveling outside the U.S. Gender Affirmation surgery 	<ul style="list-style-type: none"> Chiropractic care - \$55 copay. Up to 40 visits per calendar year, combined in-network, out-network and with rehabilitation visits. Hearing aids limited to one every 36 months for children under 22. 	<ul style="list-style-type: none"> Infertility treatment - Two years of service and prior authorization required. Various limits on coverage apply. North Carolina residents must use Duke Fertility. Infertility treatment does not count towards the plan's out of pocket maximum.

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance [Marketplace](#). For more information about the [Marketplace](#), visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact: <http://www.hr.duke.edu/benefits/medical/medical-insurance> or by calling 919-684-5600 or the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform.

Does this plan provide Minimum Essential Coverage? Yes

[Minimum Essential Coverage](#) generally includes [plans](#), [health insurance](#) available through the [Marketplace](#) or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of [Minimum Essential Coverage](#), you may not be eligible for the [premium tax credit](#).

Does this plan meet the Minimum Value Standards? Yes

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 919-684-5600.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 919-684-5600.

Chinese (中文): 請 電 919-684-5600 或 致 電 919-684-5600。

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijigo holne' 919-684-5600.

————— *To see examples of how this plan might cover costs for a sample medical situation, see the next section.* —————

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

- The plan's overall deductible **\$130**
- Specialist copayment **\$55**
- Hospital (facility) copayment **\$600**
- Other coinsurance **10%**

Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

- The plan's overall deductible **\$130**
- Specialist copayment **\$55**
- Hospital (facility) copayment **\$600**
- Other coinsurance **10%**

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

- The plan's overall deductible **\$130**
- Specialist copayment **\$55**
- Hospital (facility) copayment **\$600**
- Other coinsurance **10%**

This EXAMPLE event includes services like:

Specialist office visits (*prenatal care*)
 Childbirth/Delivery Professional Services
 Childbirth/Delivery Facility Services
 Diagnostic tests (*ultrasounds and blood work*)
 Specialist visit (*anesthesia*)

Total Example Cost	\$12,700
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In this example, Peg would pay:

<i>Cost Sharing</i>	
Deductibles	\$130
Copayments	\$600
Coinsurance	\$1,000
<i>What isn't covered</i>	
Limits or exclusions	\$60
The total Peg would pay is	\$1,790

This EXAMPLE event includes services like:

Primary care physician office visits (*including disease education*)
 Diagnostic tests (*blood work*)
 Prescription drugs
 Durable medical equipment (*glucose meter*)

Total Example Cost	\$5,600
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In this example, Joe would pay:

<i>Cost Sharing</i>	
Deductibles	\$230
Copayments	\$1,200
Coinsurance	\$80
<i>What isn't covered</i>	
Limits or exclusions	\$20
The total Joe would pay is	\$1,530

This EXAMPLE event includes services like:

Emergency room care (*including medical supplies*)
 Diagnostic test (*x-ray*)
 Durable medical equipment (*crutches*)
 Rehabilitation services (*physical therapy*)

Total Example Cost	\$2,800
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In this example, Mia would pay:

<i>Cost Sharing</i>	
Deductibles	\$130
Copayments	\$1,100
Coinsurance	\$100
<i>What isn't covered</i>	
Limits or exclusions	\$0
The total Mia would pay is	\$1,330

The plan would be responsible for the other costs of these EXAMPLE covered services.

Notice of Nondiscrimination

Duke University complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Duke University does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Duke University:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
 - Qualified sign language interpreters
 - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
 - Qualified interpreters
 - Information written in other languages

If you need these services, contact Kimberly Hewitt.

If you believe that Duke University has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with: Kimberly Hewitt, Vice President for Institutional Equity & Chief Diversity Officer, 114 S. Buchanan Blvd, Bay 8, Box 90012, Durham NC 27708, 919-684-8222 (p), 919-684-8580 (f), oe-help@duke.edu. You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, Kimberly Hewitt, Vice President for Institutional Equity & Chief Diversity Officer is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services

200 Independence Avenue, SW

Room 509F, HHH Building

Washington, D.C. 20201

1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

Notice of Language Assistance

English: If you speak English, language assistance services, free of charge, are available to you. Call 1-919-684-5600.

Español (Spanish): si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-919-684-5600.

繁體中文 (Chinese): 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-919-684-5600。

Tiếng Việt (Vietnamese): CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-919-684-5600.

한국어 (Korean): 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-919-684-5600. 번으로 전화해 주십시오.

Tagalog (Tagalog – Filipino): PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-919-684-5600.

Русский (Russian): ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-919-684-5600.

العربية (Arabic): رقم: 1-919-684-5600 ملاحظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 1-

Français (French): Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-919-684-5600.

Deutsch (German): Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-919-684-5600.

日本語 (Japanese): 注意事項：日本語を話される場合、無料の言語支援をご利用いただけます。1-919-684-5600.まで、お電話にてご連絡ください。

हिंदी (Hindi): ध्यान दें: यदि आप हिंदी बोलते हैं तो आपके लिए मुफ्त में भाषा सहायता सेवाएं उपलब्ध हैं। 1-919-684-5600 पर कॉल करें।

ગુજરાતી (Gujarati): ધ્યાન: જો તમે ગુજરાતી બોલતા હો, તો નિ:શુલ્ક ભાષા સહાય સેવાઓ તમારા માટે ઉપલબ્ધ છે. ફોન કરો 1-919-684-5600.

Hmoob (Hmong): Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau 1-919-684-5600.

ខ្មែរ (Cambodian): ប្រសិនបើ លោកអ្នកនិយាយភាសាខ្មែរ, សេវាជំនួយភាសាសម្រាប់អ្នកនិយាយភាសាខ្មែរ គឺអាចស្របចំបាន។ ចូរ ទូរស័ព្ទ 1-919-684-5600។

ລາວ (Lao): ध्यान दिनुहोस्: तपाईंले नेपाली बोल्नुहुन्छ भने तपाईंको निम्ति भाषा सहायता सेवाहरू नि:शुल्क रूपमा उपलब्ध छ । फोन गर्नुहोस् 1-919-684-5600. ।